


MEDITATION APPS TO TRY p.112 | THE BUDDHIST DIET? p.27

THE BUDDHIST REVIEW

FALL 2016

tricycle



MANAGING
OUR NEED
TO MANAGE p.52

WHY YOU
SELF-SABOTAGE
AND HOW TO STOP p.40

WHERE TO FIND
LIFE'S MEANING
*(Hint: It's right in front
of you)* p.36

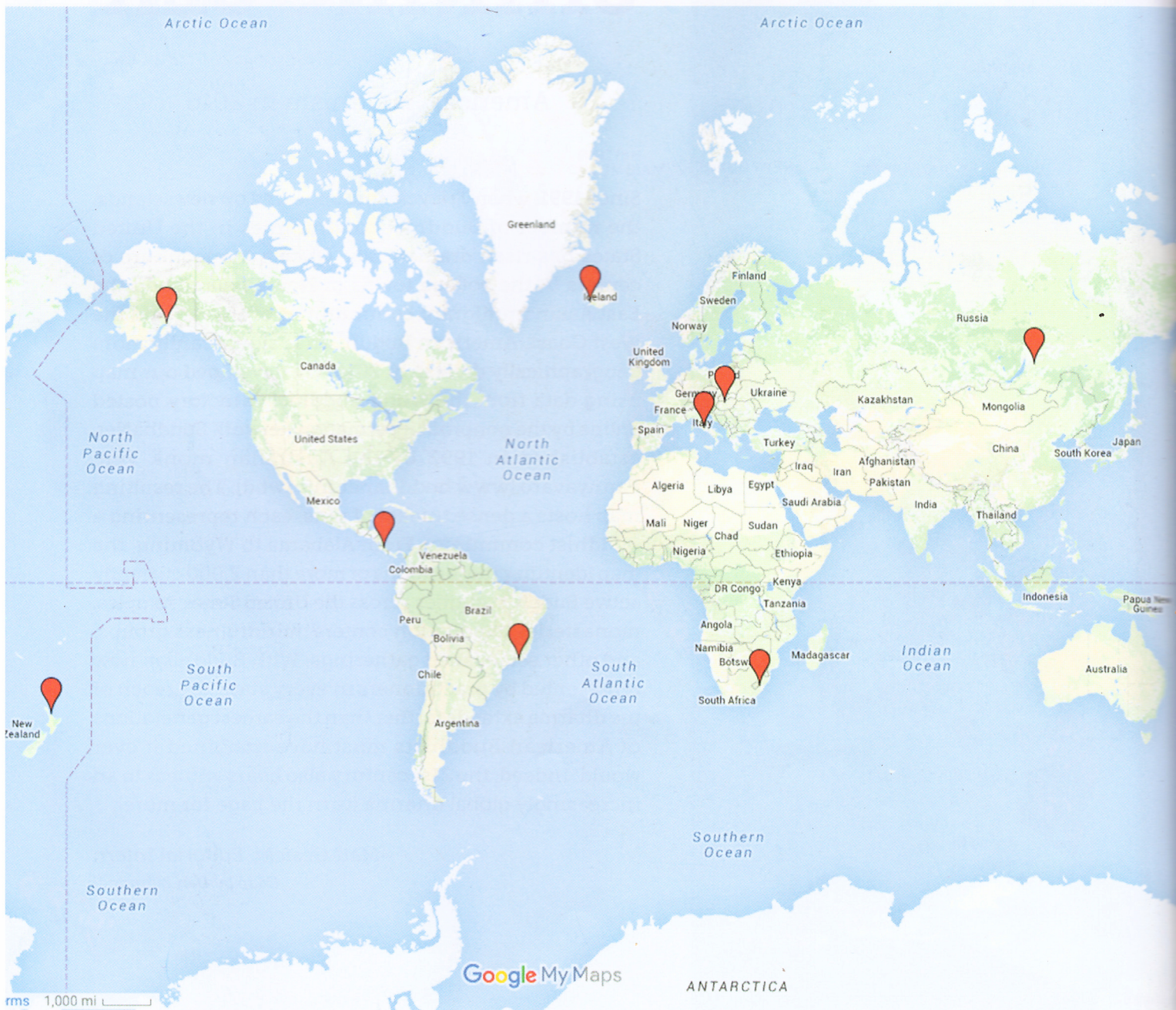
[SPECIAL]

25th

ANNIVERSARY
ISSUE
THEN & NOW p.74

Where in the World Is ... the Buddha?

Buddhism has reached the far corners of the globe. Here are just a few unexpected places that are playing host to thriving sanghas in 2016.



Anchorage Zen Community

Location: Anchorage, Alaska
Date of Founding: 1986
Lineage: Soto Zen
Head Teacher: Rev. Genmyo Zeedyk
www.alaska-zen.org



ALASKA

Casa Zen de Costa Rica

Location: Santo Domingo de Heredia, Costa Rica
Date of Founding: 1974
Lineage: Roshi Philip Kapleau, whose teachings were influenced by Zen master Harada Daiun Roshi and his mix of ancient Soto Zen and Rinzai Zen sects
Head Teacher/Abbot: Roshi Sunyana Graef
www.casazen.org



COSTA RICA



NEW ZEALAND

Mahamudra Centre for Universal Unity

Location: Colville, Coromandel, New Zealand
Date of Founding: 1981
Lineage: Gelug (Tibetan Buddhism)
Head Teacher: Kyabje Lama Zopa Rinpoche
www.mahamudra.org.nz



ICELAND

Menningarsetur SGI á Íslandi

Location: Reykjavik, Iceland
Date of Founding: 1980
Lineage: Nichiren
Head Teacher(s): Daisaku Ikeda
<http://sgi.is/>



ITALY

Centro Zen Anshin

Location: Rome, Lazio, Italy
Date of Founding: 2006
Lineage: Soto Zen, lineage of Kodo Sawaki Roshi and Uchiyama Kosho Roshi
Abbot: Rev. Guglielmo Doryu Cappelli
<http://anshin.it/en/>



BRAZIL

Juniper Meditation Group

Location: Rio de Janeiro, Brazil
Date of Founding: 2016
Lineage: Juniper, from Ven. Segyu Choepel Rinpoche, whose teachings are influenced by the Gelugpa master Kyabje Lati Rinpoche
Head Teacher: Ven. Segyu Choepel Rinpoche
<http://www.oquintalzen.com/meditacao/>



SOUTH AFRICA

Dharmagiri Insight Meditation Centre

Location: Underberg, KwaZulu Natal, South Africa
Date of Founding: 2000
Lineage: Forest School of Ajahn Chah / Insight Meditation
Head Teacher/Abbot: Kittisara and Thanissara
www.dharmagiri.org



HUNGARY

The Hungarian Karma Kagyupa Buddhist Community

Location: Tar, Hungary
Date of Founding: 1991
Lineage: Karma Kagyu (Tibetan Buddhism)
Head Teacher: Ven. Lama Chopel [see p. 44]



RUSSIA

Ivolginsky Datsan

Location: Buryatia, Russia
Date of Founding: 1945
Lineage: Gelug (Tibetan Buddhism)
Head Teacher/Abbot: XXIV Hambo Lama Damba Pandido Ayusheev

